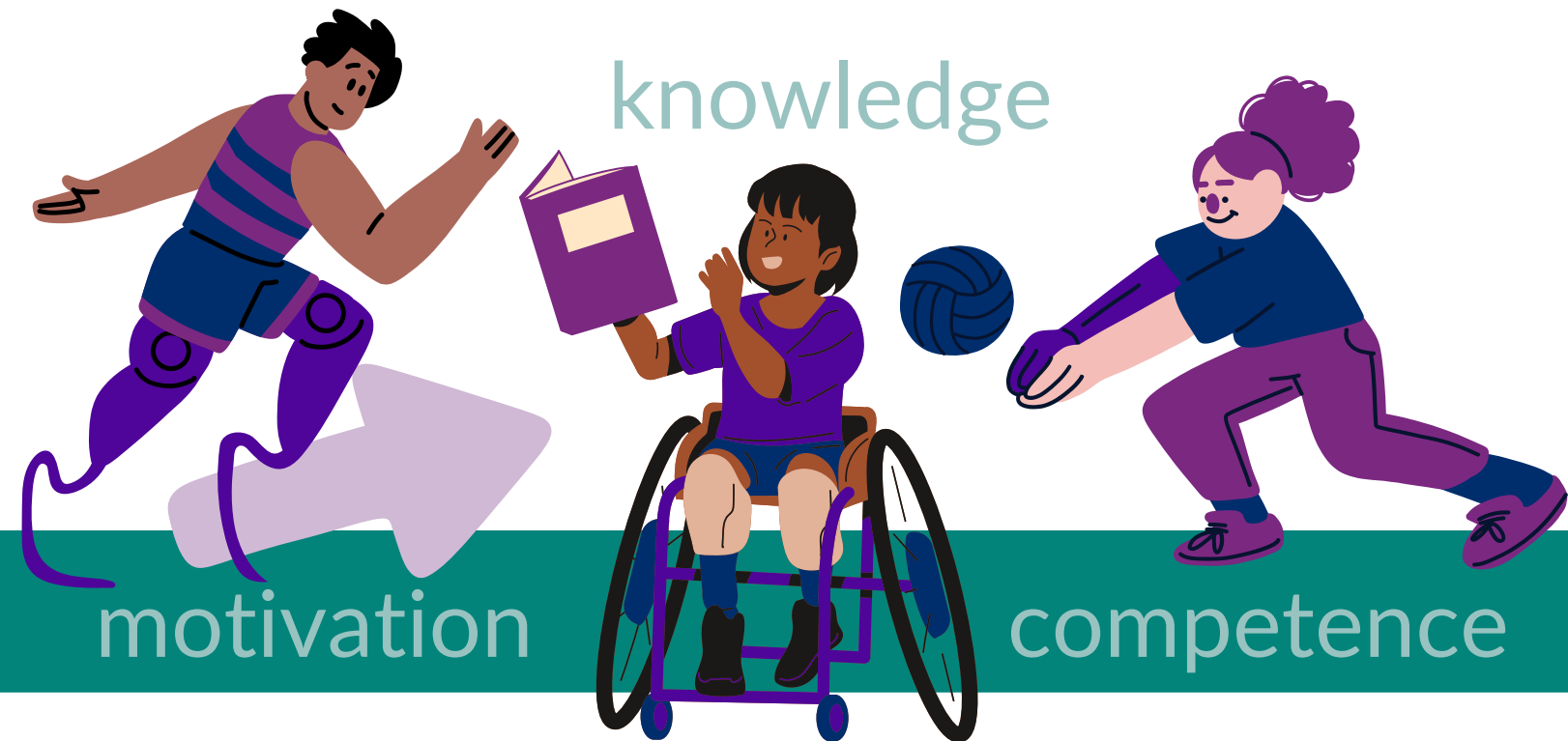


# PHYSICAL LITERACY FOR CHILDREN WITH DISABILITIES OR MEDICAL CONDITIONS

What is the best way to identify children with disabilities/medical conditions who need physical literacy support?



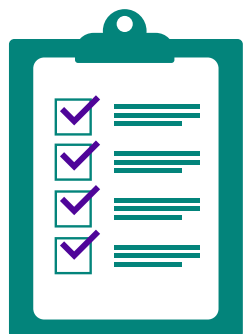
## THE STUDY



6-14 year old CHEO kids



from 10 clinics



completed  $\leq 20$  questionnaires



did the CAPL2 physical assessment

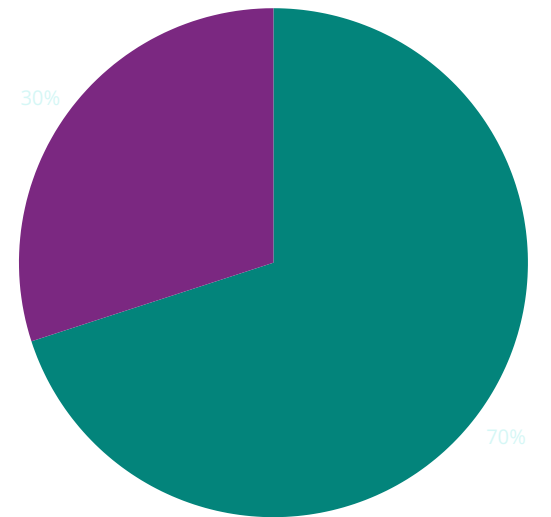


wore an activity tracker

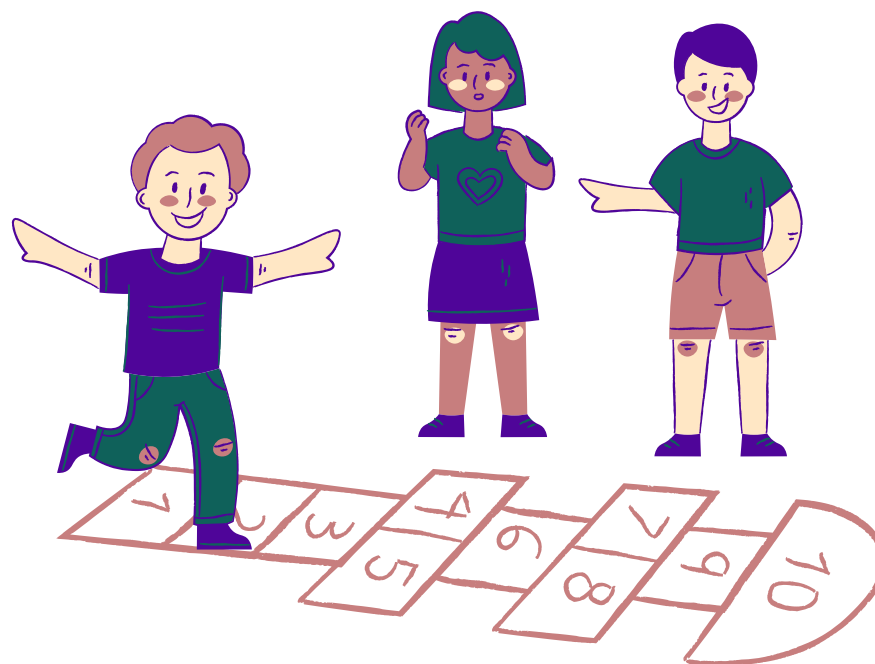
## THE RESULTS

Psychosocial aspects like motivation and group participation are important for physical literacy!

About 1/3 of children had physical literacy  $\leq 30$ th percentile. These children had ...



$> 4.9$  hours self-reported screen time

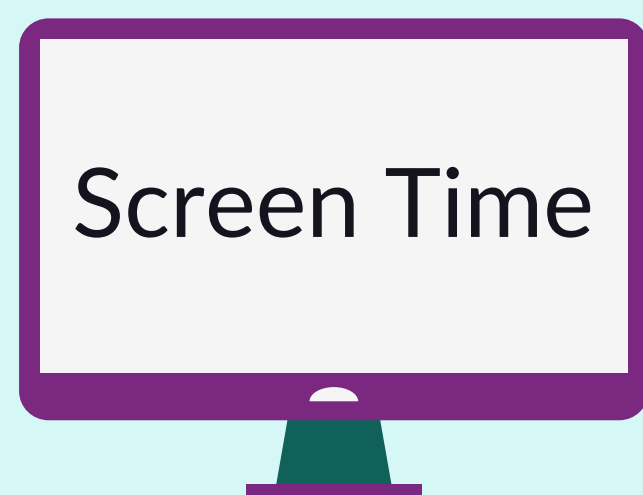


$< 6.5$  self-perceived physical activity and adequacy

Questionnaires



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Identify children who may need physical literacy support and would benefit from further assessment